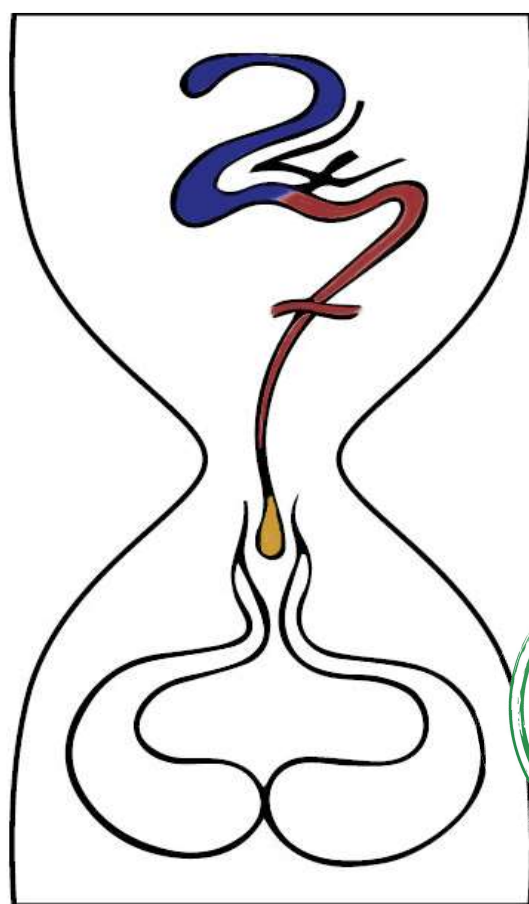


Your Emotions
&
The Alchemy of TIME



Three
Free
Chapters

Rex Lassalle

English edition

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Dedication

This book, 'The Alchemy of TIME', would have never been born if it were not for Maire Lehtonen hosting my wish to come to Finland to live in 2016.

"Why Finland?" some of you may ask.

Well, I had been coming to Finland at least twice a year for some time. Often, it was even four times a year that I would come to teach programs over the past two and a half decades.

Plus, I have had some students in Finland who were very close to me and who in a sense were like family members.

There were also expectations on my arrival, from former students and from new colleagues, as to what we would do when I was living in Finland. However, not much happened with these discussed projects.

Maire met this barren tree of expectations with a sincere heart that made me feel totally at home in her house.

Marie's home was anchored in the spiritual essence of Finland. There was a lake at the back of her home and the house was surrounded by forest. There were no neighbours close by.

Nearest were about seventy metres away and then there were many big gaps before there was another house along that country track. From that idyllic environment, challenges were present yet somehow they were filled with an unconscious sanity.

Unknown to me at the time I was carrying a subterranean impulse that kept getting stronger. That subterranean impulse in those quiet alone times prompted me to walk along that country road at the bottom of the hill. Regardless of rain, wind, snow or Finland's sub-zero temperatures I kept returning to walk along it daily.

There was a lake on one side and forest along the other side, which in some quaint, unique way nourished me. The Lake and Forest were feeding a hunger, which I had never known existed.

Words were not present, yet some wordless thing was providing for the hunger that arose. Bones were sustained as a spirit of endurance kept firing my core and new dawns stirred a crackling awakening.

Daily I felt called to return there, as all else was the same in that 24/7 environment of doing and achieving something in daily life. Nothing was present and there was nothing to show. Through those lean weeks and eleven months, Maire was always a generous support to me with a tolerance that stretched her being. She never expected it to be this way, nor for life to have such demands on her that had nothing to do with her own life.

She was the one who facilitated this experience, never realizing for a moment that my call to walk that road at the bottom of the hill was nourishing the opening of a writing chamber in me. Where at times, when the wind blew and moved the leaves and branches of the forest and ripples appeared on the surface of the lake, I tasted it. Such gourmet whispers were calling me to listen more deeply to life and what is at the epicentre of our emotional needs. It pulled me deeper to cultivate an unknowable listening to life.

Thank you, Maire, for bringing me home to a part of myself that I never knew existed, that has now become such a consuming presence in my life. This book was born because of you and your enduring patience, support and generosity to me. Thank you.

Acknowledgements

A special thanks to Greg Lassalle who was constantly a sounding board. Not with the content of this book, but with the creative process and the Trinidad context that he kept triggering in our Skype chats. Greg's magic with this was that one Sunday evening when we were chatting, he spontaneously said, "Rex, we are IN DE YARD!" He did not need to say any more as his words conveyed the images of Steelband YARDS, Hosay Drumming YARDS, Shango YARDS, Tassa Drumming YARDS. I have shared the details of this pebble of Greg in the quantum field of life in my audio book "Rex Lassalle & The Alchemy of Time".

Thank you John Lewis for your ongoing support of my work and the fine touch you bring to the editing of my writings, also for being a constant source of reminding me about things I taught decades ago. An historical resource for my many approaches to this domain of TIME. Deeply appreciated.

Thank You Henrik Nyberg for reaching out to me and your support in helping me find an apartment in Tammissaari, along with your ongoing friendship.

Thank you Anne-Charlotte Nordstrom for your hospitality and curiosity about my work and also allowing me to lease your apartment where the writing of this text ripened.

Thank you Jonna Karoliina, for your ongoing support of my work where you constantly create new opportunities for me to present my work. Always a joy working with you.

Thank you Christelle De Meester for creating many opportunities for me to present the Alchemy of TIME to your clients and students and the deeper insights that you always bring to my work. It is always a profound blissful experience working with you.

Many thanks, Maria Bruce for always encouraging me to present my insights about The Alchemy of TIME and the observations I have with it. Well, finally here it is, Maria!

Thank You Maria B & Annika from Kontoristen and your generous and most helpful service with printing and those many administrative bits that I needed to get right for this book to be the finished article that it is.

Thank You Sami Kangas for always being there when I needed help in switching files from dinosaur pre-21st century ones into those that can work now.

Thank you Torleif for putting the final touches to this book and rolling out the layout of the text. It is always a fun experience working with you where spontaneous Alchemic moments take place Thank you Shelley Latham for your concerted and persistent effort in bringing about the Alchemy of TIME icon. What a stretch that was. Then, for your daughter Tayah to add the final touches to it, along with fonts that nourishes it. Beautiful!

Thank you Birger Sorensen for being a friend for more than forty years. I am deeply grateful for your support of my work by speaking about it from the perspective of the Quantum Field in the domain of Entanglement. This is truly an Exponential Leap that is ripening.

Thank you Maro Dias for inviting me to practice Aikido once more after a gap of forty years and reconnecting me to an authentic Japanese originated practice. This Japanese dot has played a big part in the development of this text.

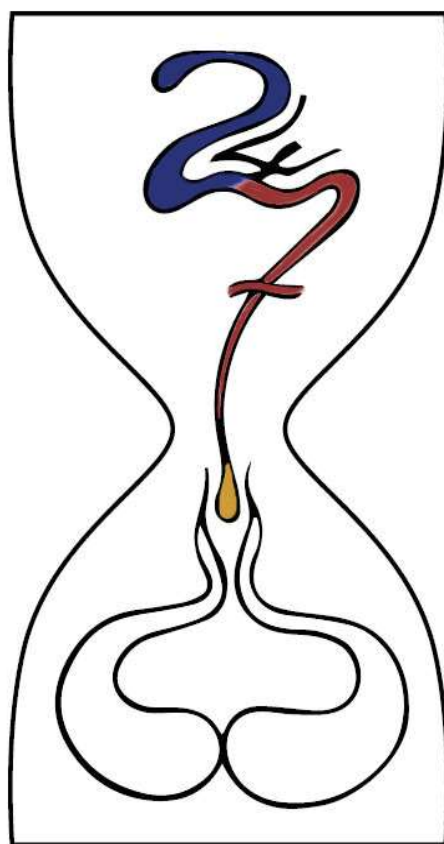
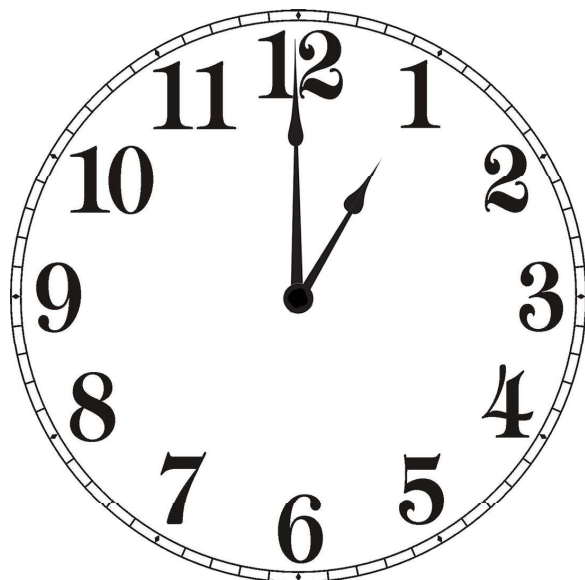
Thank you Hung Pham for organizing my website and for putting all the final bits and pieces in place for this book and my work to become accessible.

Then the music that carried me and inspired me as I wrote this text:

- Greg Lassalle's "Spiritual Voices" was a constant. <https://tinyurl.com/4savvtd5>
- Mary Lou Williams and her magic, especially "Miss D.D."
- Grover Washington's "Soulful Strut"
- Lester Young and his many pieces with Teddy Wilson
- Frank Sinatra with the Basie Band.
- Anita Baker and her passionate singing.
- Regina Belle and her soulful singing.
- Mari Boine and her many renditions of Sámi songs.
- Len Boogie Sharpe and his many Steel Pan innovations.
- Abby Lakew and her Ethiopian songs.
- Judith Hill, the unannounced Queen of Soul.

Thank you for the sounds that you brought to my being as this text unfolded.

CHAPTER



Chapter 1.

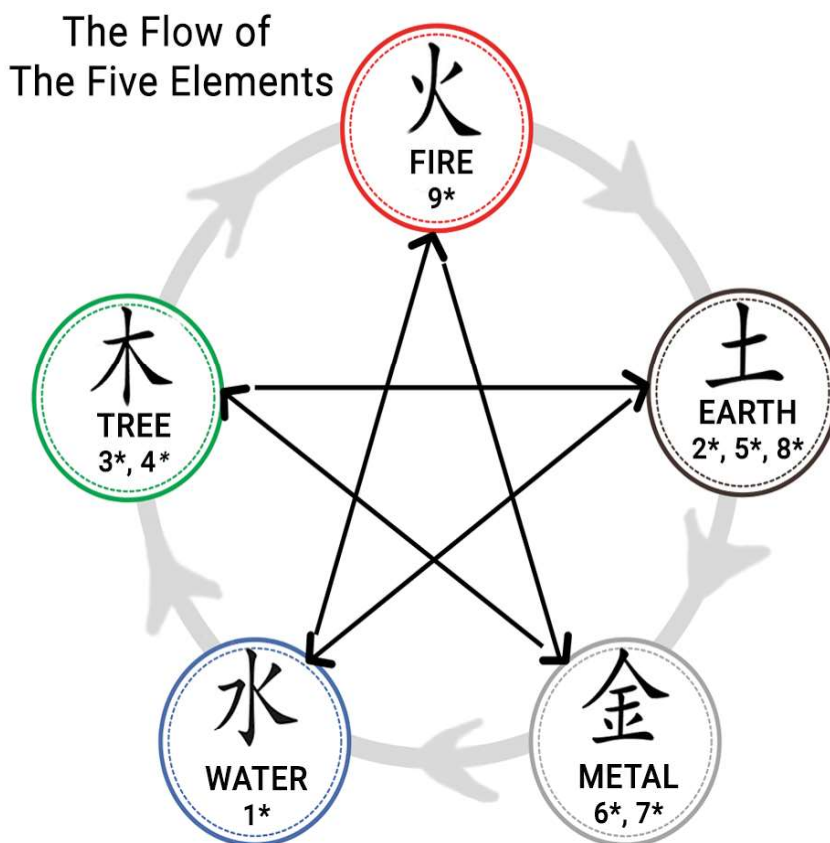
Where Does The Alchemy of Time Come From?

Over the decades, many students and other people have asked me questions about the many distinctions that I have made working with the 9 Star Ki Astrology system. I will highlight those questions and share my responses.

1. How does the 9 Star Ki system work to give you the insights that you make about someone's birthday?

Answer:

This system is based on the Oriental philosophy about the Five Elements. This model creates insights and distinctions about our bodies, nutritional needs, the seasons and years and many other correspondences. Each year and month has an element associated with it, and this element connects with certain characteristics. As regards seasons, the time of spring is associated with the element of Wood. The rising energy is connected with the functioning of the liver and gallbladder.



This perspective is connected with the biological functioning of our internal organs. It is not a conceptual model about life. It is a biological one. The year in which you were born gives you what is called your Adult Star. The month in which you were born in that particular year gives you your Child Star. This is based on a 9 Star Ki calendar. I hand out these calendars in my classes. Let's take as an example: someone born September 20 1980. 1980 is a 2 Earth year and a person born on September 20 of that year has the 4 Wood Child Star personality.

2. *Rex, that is all very interesting. Is there any relevance of that in a person's life? Because these days people read about many different systems about personality assessments. There is the Briggs-Myers system, which most multinational corporations use to select their executives for senior positions. Then there is Human Metrics with another approach, which is another spin from Carl Jung's work. What makes this different?*

Answer:

Thanks for this very relevant question. What makes this very relevant is that The Alchemy of TIME and all my work with the Alchemy of Time is based on a biological system and not a conceptual model. It has its origins in the Oriental System of the Five Elements and the organs that are linked to these elements. We see its relevance constantly with the changing seasons. My work and approach to the Alchemy of Time brings people back home to themselves.

This happens constantly, it takes them out of their heads and out of their fragmentation. Cultivating your relationship with your Child Star (*you discover this from your month of birth, see chart in chapter 3*) supports your emotional health in a profound way. Most of the creative icons of the world express this instinctively. One very clear example of a creative icon who connected with his Child Star is Eric Clapton. He wrote his award-winning song 'Tears in Heaven' as a way of dealing with the death of his son Connor, who fell from the 53rd floor of a New York skyscraper in 1991. Clapton's 7 Metal Child Star has a core need of seeking harmony in processing pain and trauma.

3. *Okay, I got that clear distinction. Most women go through many emotional swings, and often times this is connected with their hormonal changes. An observation as a woman is that I don't see that recognition in these other systems. Does your approach offer these subtleties?*

Answer:

Thanks for your question, yes it does. I am coming very much from the old school of intuition. More accurately, I would say that it comes from reading the signs. My parents drummed this into me as a child without any need to rationalize the signs that appear in nature and in the environment. As regards my education, this was the only aspect that I experienced as carrying an accuracy of 100%. So yes, a woman's connection with the moon, which is now very much poo-hooed as pseudoscience, is one that I have seen as being consistently relevant. In mentoring women, I always encourage them to return to cultivating a relationship with the moon, as this creates an exponential growth in their relationship with their Child Star. What you will find of deep interest is the aspect of the gender of the Stars. The Star numbers 2 Earth, 4 Wood, 7 Metal and 9 Fire are all feminine Star numbers, whereas the numbers 1 Water, 3 Wood, 6 Metal and 8 Earth are all masculine Star numbers. Having these distinctions will give a woman hints as to how best to cultivate her relationship with this core aspect of her personality.

4. *It was very interesting you mentioned Eric Clapton and how he connected with his 7 Metal Child Star to bring about a healing of his pain from the unfortunate death of his son at such a young age. Would you have other examples of people who connect with their Child Star in their career or in other experiences in their life?*

Answer

For sure, there are many. In fact, I would say that anytime someone is feeling at ease with himself or herself they are connecting with their Child Star.

There is Oprah Winfrey, a 9 Fire Child Star who is always in the limelight. One has to remember that Oprah was raped as a teenager, along with other core traumas. Oprah kept coming forward from her essence rather than stepping back. Plus, she has built her TV shows around people

who have gone through challenges and major traumas and who overcame them. Her style of connecting with her audience is to bring things out into the open and for the individuals to “stand up” and be themselves. She does this with such style and panache that she purifies them from their suffering by her 9 Fire Child Star burning that hurt and upset away from them with her warm caring personality.

5. I never read an article or book where her style and skill were expressed in that way, but for sure she does it as you described. What about senior executives and the high level of burnout that is happening for them? What is your view about this?

Answer:

I am going to answer this as it being more of a challenge for male senior executives. This is not ignoring the fact that there are many women who are holding senior executive positions in many countries globally. My observation is that before the burnout happens the majority of women shift gear. They take a break or engage with some activity to neutralize those high stress levels. Male senior executives tend to allow their ego to get in the way of addressing their high stress levels. They seem to find it difficult to step back from it until they are keeled over by the stress. I guess there is some strange pride that arises which creates an inner chatter for them of “I did not surrender to it!” Of course, I am painting a stereotypical answer with this viewpoint that I am sharing.

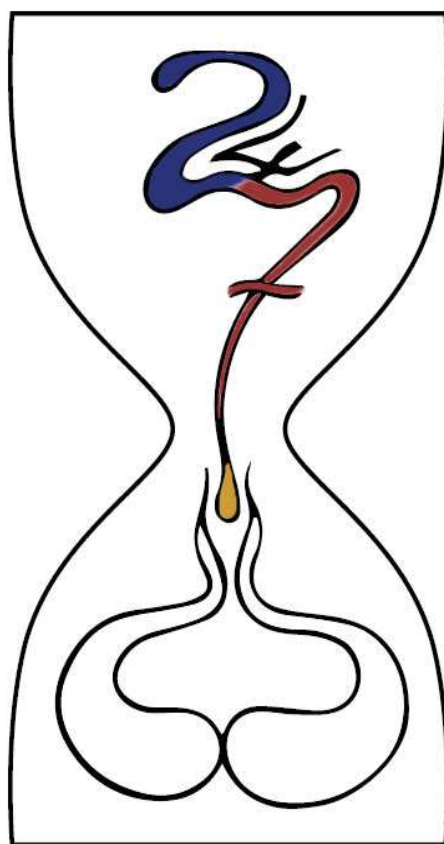
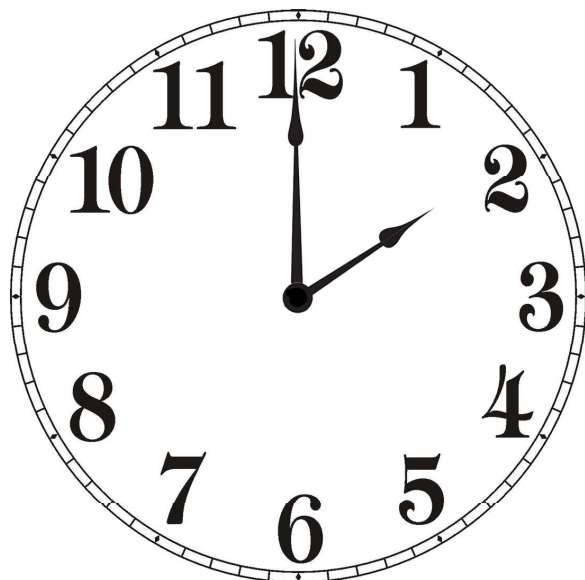
Something that goes much deeper than what I just shared is that many male senior executives have a ‘business icon’ or ‘guru’ that they want to emulate. They will virtually copy their whole life style; how they start their day, what they have for breakfast etc. They virtually become a clone of this hero, never for one moment considering if such an approach will work for them. In other words, it all arises from a conceptual model, with goals put in place with this and off they go, pursuing their dream. I am sharing this from working with certain executives over the decades. Their emotional needs are denied and before you know it, their career is on a dead-end street and burnout and major illnesses are manifesting.

Awareness about their Child Star immediately changes this, as then they can come from the space of their emotional needs as they pursue their goals. An example that immediately comes to mind is that of the former American CEO of Chrysler during the late 1970s into the 1980s, Lee Iacocca. He was a 9 Fire Child personality and featured center stage in all Chrysler advertisements during this period. This was unheard of in America back then. Chrysler became an astounding success during this period. Interestingly, another 9 Fire Child Star personality was the Japanese businessman Akio Morita. He led Sony Corporation and was the face of the company with all their marketing.

Many thanks Rex, for sharing how relevant your work is in negotiating the stresses, traumas and challenges of our modern life.

You are most welcome Jonna!

CHAPTER



Chapter 2.

Who Is Rex Lassalle?

Rex Lassalle is a former mutineer who was commissioned in December 1966 from the Royal Military Academy, Sandhurst.

In 1970, due to the dysfunctional state of the Trinidad & Tobago Regiment and the neocolonial orientation of the Army, he led a mutiny with Lieutenant Raffique Shah. Rex was imprisoned for 27 months, nine of which were spent in solitary confinement. In prison his orientation turned to health and well-being, something that was already present when he was just a teenager. On his release he travelled to Dublin, Ireland to complete a correspondence course in physiotherapy and massage that he had started whilst in prison.

From this beginning, Lassalle never looked back and went scuba diving into many diverse ways of approaching health and well-being. He studied acupuncture and homeopathy with the late Professor Malcolm Stemp, qualified as an osteopath, embraced a macrobiotic lifestyle and became an accredited macrobiotic counsellor. He didn't stop there, delving to the core of ancient Shinto wisdom with his questioning, curious mind when he came across 9 Star Ki Astrology in the late Spring of 1973.



This fascinated him, although he viewed it more as a historical record, no longer relevant in modern day life. On August 27 1979, this all changed for Rex when Lord Louis Mountbatten was assassinated. When he checked the 9 Star calendar for that month, he discovered that Mountbatten had been travelling in direction filled with danger, both for the month and the year. This event indicated in no uncertain manner that 9 Star Ki was VERY relevant.

Rex's curiosity about 9 Star Ki during the previous six years now became a big passion, and it remains so today. In the process, he has written two groundbreaking books on the subject, the sold out 'Grasshopping Through Time Using Ancient Wisdom' and 'The Time of Your Life – Could It Be Now?'

Many more books are in the pipeline from his research with this material.

Rex now refers to this work as the Alchemy of TIME. Here is his definitive statement about his core passion:

"TIME holds elemental qualities, as it also controls the seasons and the changes in the weather. In TIME, certain signs ripen and show themselves, and people who understand the language of TIME can read what TIME is telling them. I grew up in a home where both my parents had the capacity to do this with a precision that was profound and astounding. They conditioned me by deleting my analytical mind from their observations: when I asked, "Why you say that, Mum or Dad?" Their response was always, "Child, don't ask stupid questions."

My Alchemy of TIME insights comes from using the lens of the 9 Star Ki system to make these pronouncements. For each month in our mother's womb, a different Star was our companion. The influence of these Stars is still present with us today.

Rather than a lens, it is more of a ladder that I climb to look at what TIME is saying about the inclinations of a person's character and personality traits. This is no longer Astrology: this is the Alchemy of Time.

The Alchemy of Time was honed during my almost five decades as a body worker & teacher, using techniques that made a profound impact on the lives of my clients and students.

Frequently the mentoring I offered with the Alchemy of TIME allowed people to experience being home and at ease in their bodies for the very first time."

Rex pioneered the teaching of shiatsu in many European countries. In the 1980s he established his own shiatsu school, Hara Shiatsu International in London. His diploma programme was a rigorous and demanding one, where Zen meditation was at the core. He began his weekend classes with thirty minutes Zazen practice. He kept demanding of his students to connect with their shiatsu practice through relaxed shoulders and Hara breathing.

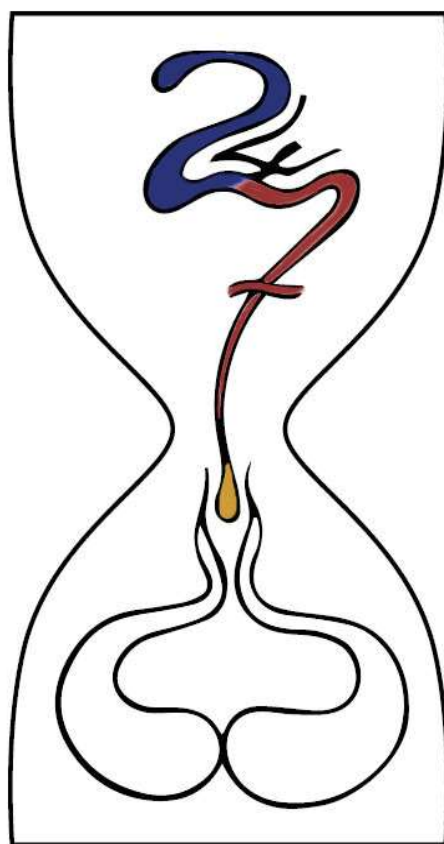
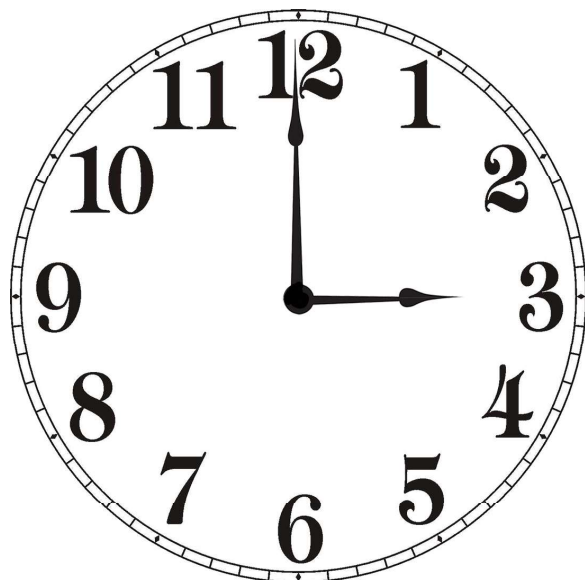
This approach came from his aikido teacher Kanetsuka Sensei, who was allergic to tense shoulders. Rex introduced the accelerated learning bio-resonant light-emitting device, the Lumatron in the 1980s to Europe. He taught the Japanese structural integrated movement technique called Sotai back in the 80s. In the last two decades, his interest has turned to Marma points.

He observed that because of the level of exhaustion and stress that many senior executives were experiencing his shiatsu techniques were having limited impact, whereas when he worked with Marma points this had a more profound impact on their bodies.

From his proficiency with Marma he wrote 'Spa Massage for Shoulders, Neck and Face'. In this book he explains how to use these points to create a deep blissful state for clients. He also shows you how you can apply the techniques on your own body.

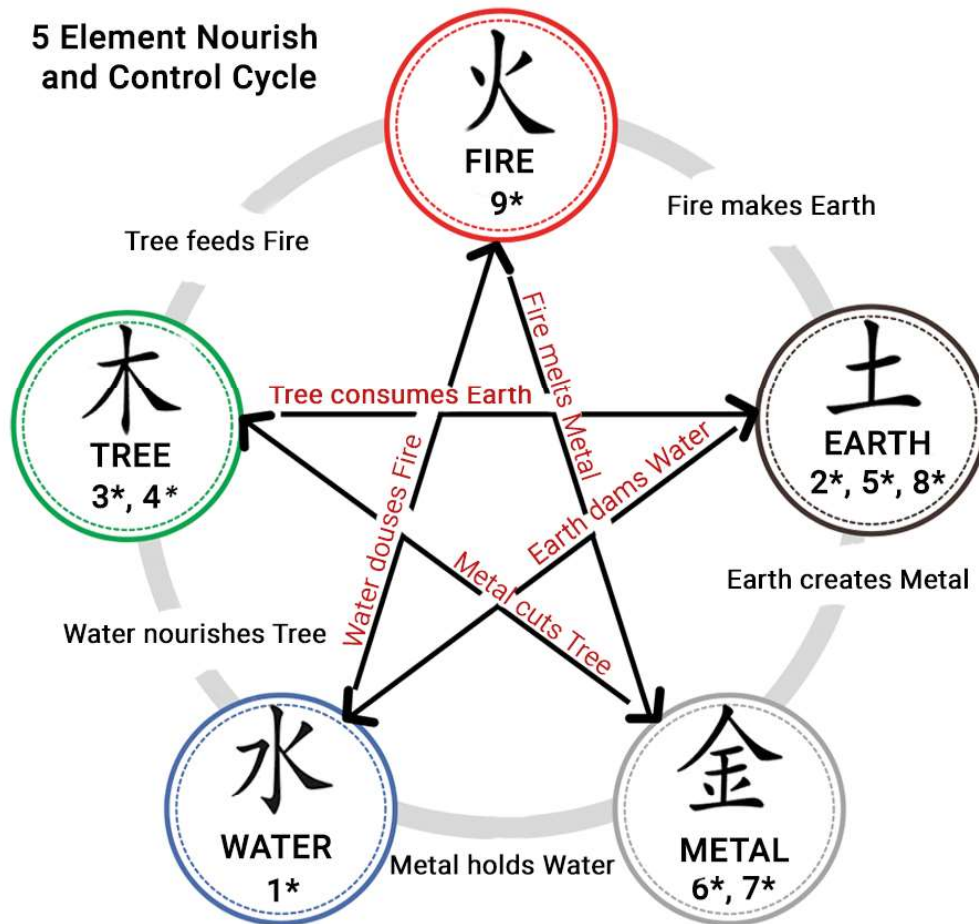
The use of Young Living essential oils has added another dimension to his bodywork during the last decade. Should you be looking to come home to yourself where a blissful ease is present, then Rex's books, blogs and mentoring will provide that for you need.

CHAPTER



Chapter 3. How To Identify Your Child Star

To discover your Child Star number, first you need to know your Adult Star number. The Adult Star number in the 9 Star Ki system of astrology is the star number associated with the year in which you were born. The foundation of this viewpoint arises from the Oriental view that the two predominant forces of Yin and Yang regulate all of life. A simple way of explaining Yin and Yang is to say that Yin is expansive, and that Yang is contractive. The dynamics of the interaction of these two energetic forces, Yin and Yang are at the core of the principle of The Five Elements. You often see this referred to in Oriental medicine, Feng Shui, Oriental martial arts, Oriental philosophy, Oriental astrology and numerous other areas of human activity.



In the expanding cycle of the Five Elements you have the qualities of Wood and Fire, and in the contracting expression it is Earth and Metal, with the element Water being more of a transition from contraction back to expansion. In the 9 Star Ki Astrology system one finds different years, months and days associated with the different elements. These years, months and days are identified by a number, which is linked to an element. It needs to be said that although numbers are being used, this is not a numerological system but rather one where the elemental number is used to point to qualities of energy that are

linked to the seasons and a whole cosmological view about life.

The year of the water element is identified by the Number 1 Water star, which is associated with the qualities of winter. The wood element is linked to two-star numbers, 3 Wood and 4 Wood, which are associated with the qualities of spring. The fire element is represented by the 9 Fire star and is associated with the qualities of summer. The earth element is linked to three-star numbers: 2 earth, 5 earth and 8 earth, all three of which are associated with the eighteen days surrounding the equinoxes and solstices. These eighteen days are given the term "Doyo Time" in the Orient. The Doyo time has very much to do with stabilizing things. The Metal element has two Star numbers related to it, the Star numbers 6 metal and 7 metal. These are associated with the season of autumn.

In Oriental medicine it is observed that as the seasons change, the energy in the organs changes and certain biological functions are highlighted. This is observed when an acupuncturist takes your pulse at the beginning of the diagnosis. The 9 Star Ki astrological system is biologically based, and has a cellular link to life and its cycles. This is very different from systems such as the Enneagram approach, which is conceptually based.

Your Adult Star number comes from the year in which you were born related to the 9 Star Ki Calendar. The year begins according to this calendar on February 4th every year, and ends February 3rd of the following year. This calendar is based on the Oriental system of the five elements, Wood, Fire, Earth, Metal and Water.

In this system each year is associated with an element, hence the year in which you were born correlates with an element linked to a Star number.

Let's take a look to find out how you get your Adult Star number. For here, we will be able to calculate your Child Star number.

Look in the Adult Star number chart. I have listed it here from 1600 to 2200.

CORRESPONDENCE TABLE OF THE YEAR AND THE ADULT STAR NUMBER
 (The year = "year", the Adult Star number = "#")

The year begins on February 4th. Birthdates between January 1st and February 3rd are calculated as belonging to the previous year

| Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | Year # | | | | | | | | | |
|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|---|------|---|------|---|------|---|------|---|
| 1600 | 4 | 1650 | 8 | 1700 | 3 | 1750 | 7 | 1800 | 2 | 1850 | 6 | 1900 | 1 | 1950 | 5 | 2000 | 9 | 2050 | 4 | 2100 | 8 | 2150 | 3 |
| 1601 | 3 | 1651 | 7 | 1701 | 2 | 1751 | 6 | 1801 | 1 | 1851 | 5 | 1901 | 9 | 1951 | 4 | 2001 | 8 | 2051 | 3 | 2101 | 7 | 2151 | 2 |
| 1602 | 2 | 1652 | 6 | 1702 | 1 | 1752 | 5 | 1802 | 9 | 1852 | 4 | 1902 | 8 | 1952 | 3 | 2002 | 7 | 2052 | 2 | 2102 | 6 | 2152 | 1 |
| 1603 | 1 | 1653 | 5 | 1703 | 9 | 1753 | 4 | 1803 | 8 | 1853 | 3 | 1903 | 7 | 1953 | 2 | 2003 | 6 | 2053 | 1 | 2103 | 5 | 2153 | 9 |
| 1604 | 9 | 1654 | 4 | 1704 | 8 | 1754 | 3 | 1804 | 7 | 1854 | 2 | 1904 | 6 | 1954 | 1 | 2004 | 5 | 2054 | 9 | 2104 | 4 | 2154 | 8 |
| 1605 | 8 | 1655 | 3 | 1705 | 7 | 1755 | 2 | 1805 | 6 | 1855 | 1 | 1905 | 5 | 1955 | 9 | 2005 | 4 | 2055 | 8 | 2105 | 3 | 2155 | 7 |
| 1606 | 7 | 1656 | 2 | 1706 | 6 | 1756 | 1 | 1806 | 5 | 1856 | 9 | 1906 | 4 | 1956 | 8 | 2006 | 3 | 2056 | 7 | 2106 | 2 | 2156 | 6 |
| 1607 | 6 | 1657 | 1 | 1707 | 5 | 1757 | 9 | 1807 | 4 | 1857 | 8 | 1907 | 3 | 1957 | 7 | 2007 | 2 | 2057 | 6 | 2107 | 1 | 2157 | 5 |
| 1608 | 5 | 1658 | 9 | 1708 | 4 | 1758 | 8 | 1808 | 3 | 1858 | 7 | 1908 | 2 | 1958 | 6 | 2008 | 1 | 2058 | 5 | 2108 | 9 | 2158 | 4 |
| 1609 | 4 | 1659 | 8 | 1709 | 3 | 1759 | 7 | 1809 | 2 | 1859 | 6 | 1909 | 1 | 1959 | 5 | 2009 | 9 | 2059 | 4 | 2109 | 8 | 2159 | 3 |
| 1610 | 3 | 1660 | 7 | 1710 | 2 | 1760 | 6 | 1810 | 1 | 1860 | 5 | 1910 | 9 | 1960 | 4 | 2010 | 8 | 2060 | 3 | 2110 | 7 | 2160 | 2 |
| 1611 | 2 | 1661 | 6 | 1711 | 1 | 1761 | 5 | 1811 | 9 | 1861 | 4 | 1911 | 8 | 1961 | 3 | 2011 | 7 | 2061 | 2 | 2111 | 6 | 2161 | 1 |
| 1612 | 1 | 1662 | 5 | 1712 | 9 | 1762 | 4 | 1812 | 8 | 1862 | 3 | 1912 | 7 | 1962 | 2 | 2012 | 6 | 2062 | 1 | 2112 | 5 | 2162 | 9 |
| 1613 | 9 | 1663 | 4 | 1713 | 8 | 1763 | 3 | 1813 | 7 | 1863 | 2 | 1913 | 6 | 1963 | 1 | 2013 | 5 | 2063 | 9 | 2113 | 4 | 2163 | 8 |
| 1614 | 8 | 1664 | 3 | 1714 | 7 | 1764 | 2 | 1814 | 6 | 1864 | 1 | 1914 | 5 | 1964 | 9 | 2014 | 4 | 2064 | 8 | 2114 | 3 | 2164 | 7 |
| 1615 | 7 | 1665 | 2 | 1715 | 6 | 1765 | 1 | 1815 | 5 | 1865 | 9 | 1915 | 4 | 1965 | 8 | 2015 | 3 | 2065 | 7 | 2115 | 2 | 2165 | 6 |
| 1616 | 6 | 1666 | 1 | 1716 | 5 | 1766 | 9 | 1816 | 4 | 1866 | 8 | 1916 | 3 | 1966 | 7 | 2016 | 2 | 2066 | 6 | 2116 | 1 | 2166 | 5 |
| 1617 | 5 | 1667 | 9 | 1717 | 4 | 1767 | 8 | 1817 | 3 | 1867 | 7 | 1917 | 2 | 1967 | 6 | 2017 | 1 | 2067 | 5 | 2117 | 9 | 2167 | 4 |
| 1618 | 4 | 1668 | 8 | 1718 | 3 | 1768 | 7 | 1818 | 2 | 1868 | 6 | 1918 | 1 | 1968 | 5 | 2018 | 9 | 2068 | 4 | 2118 | 8 | 2168 | 3 |
| 1619 | 3 | 1669 | 7 | 1719 | 2 | 1769 | 6 | 1819 | 1 | 1869 | 5 | 1919 | 9 | 1969 | 4 | 2019 | 8 | 2069 | 3 | 2119 | 7 | 2169 | 2 |
| 1620 | 2 | 1670 | 6 | 1720 | 1 | 1770 | 5 | 1820 | 9 | 1870 | 4 | 1920 | 8 | 1970 | 3 | 2020 | 7 | 2070 | 2 | 2120 | 6 | 2170 | 1 |
| 1621 | 1 | 1671 | 5 | 1721 | 9 | 1771 | 4 | 1821 | 8 | 1871 | 3 | 1921 | 7 | 1971 | 2 | 2021 | 6 | 2071 | 1 | 2121 | 5 | 2171 | 9 |
| 1622 | 9 | 1672 | 4 | 1722 | 8 | 1772 | 3 | 1822 | 7 | 1872 | 2 | 1922 | 6 | 1972 | 1 | 2022 | 5 | 2072 | 9 | 2122 | 4 | 2172 | 8 |
| 1623 | 8 | 1673 | 3 | 1723 | 7 | 1773 | 2 | 1823 | 6 | 1873 | 1 | 1923 | 5 | 1973 | 9 | 2023 | 4 | 2073 | 8 | 2123 | 3 | 2173 | 7 |
| 1624 | 7 | 1674 | 2 | 1724 | 6 | 1774 | 1 | 1824 | 5 | 1874 | 9 | 1924 | 4 | 1974 | 8 | 2024 | 3 | 2074 | 7 | 2124 | 2 | 2174 | 6 |
| 1625 | 6 | 1675 | 1 | 1725 | 5 | 1775 | 9 | 1825 | 4 | 1875 | 8 | 1925 | 3 | 1975 | 7 | 2025 | 2 | 2075 | 6 | 2125 | 1 | 2175 | 5 |
| 1626 | 5 | 1676 | 9 | 1726 | 4 | 1776 | 8 | 1826 | 3 | 1876 | 7 | 1926 | 2 | 1976 | 6 | 2026 | 1 | 2076 | 5 | 2126 | 9 | 2176 | 4 |
| 1627 | 4 | 1677 | 8 | 1727 | 3 | 1777 | 7 | 1827 | 2 | 1877 | 6 | 1927 | 1 | 1977 | 5 | 2027 | 9 | 2077 | 4 | 2127 | 8 | 2177 | 3 |
| 1628 | 3 | 1678 | 7 | 1728 | 2 | 1778 | 6 | 1828 | 1 | 1878 | 5 | 1928 | 9 | 1978 | 4 | 2028 | 8 | 2078 | 3 | 2128 | 7 | 2178 | 2 |
| 1629 | 2 | 1679 | 6 | 1729 | 1 | 1779 | 5 | 1829 | 9 | 1879 | 4 | 1929 | 8 | 1979 | 3 | 2029 | 7 | 2079 | 2 | 2129 | 6 | 2179 | 1 |
| 1630 | 1 | 1680 | 5 | 1730 | 9 | 1780 | 4 | 1830 | 8 | 1880 | 3 | 1930 | 7 | 1980 | 2 | 2030 | 6 | 2080 | 1 | 2130 | 5 | 2180 | 9 |
| 1631 | 9 | 1681 | 4 | 1731 | 8 | 1781 | 3 | 1831 | 7 | 1881 | 2 | 1931 | 6 | 1981 | 1 | 2031 | 5 | 2081 | 9 | 2131 | 4 | 2181 | 8 |
| 1632 | 8 | 1682 | 3 | 1732 | 7 | 1782 | 2 | 1832 | 6 | 1882 | 1 | 1932 | 5 | 1982 | 9 | 2032 | 4 | 2082 | 8 | 2132 | 3 | 2182 | 7 |
| 1633 | 7 | 1683 | 2 | 1733 | 6 | 1783 | 1 | 1833 | 5 | 1883 | 9 | 1933 | 4 | 1983 | 8 | 2033 | 3 | 2083 | 7 | 2133 | 2 | 2183 | 6 |
| 1634 | 6 | 1684 | 1 | 1734 | 5 | 1784 | 9 | 1834 | 4 | 1884 | 8 | 1934 | 3 | 1984 | 7 | 2034 | 2 | 2084 | 6 | 2134 | 1 | 2184 | 5 |
| 1635 | 5 | 1685 | 9 | 1735 | 4 | 1785 | 8 | 1835 | 3 | 1885 | 7 | 1935 | 2 | 1985 | 6 | 2035 | 1 | 2085 | 5 | 2135 | 9 | 2185 | 4 |
| 1636 | 4 | 1686 | 8 | 1736 | 3 | 1786 | 7 | 1836 | 2 | 1886 | 6 | 1936 | 1 | 1986 | 5 | 2036 | 9 | 2086 | 4 | 2136 | 8 | 2186 | 3 |
| 1637 | 3 | 1687 | 7 | 1737 | 2 | 1787 | 6 | 1837 | 1 | 1887 | 5 | 1937 | 9 | 1987 | 4 | 2037 | 8 | 2087 | 3 | 2137 | 7 | 2187 | 2 |
| 1638 | 2 | 1688 | 6 | 1738 | 1 | 1788 | 5 | 1838 | 9 | 1888 | 4 | 1938 | 8 | 1988 | 3 | 2038 | 7 | 2088 | 2 | 2138 | 6 | 2188 | 1 |
| 1639 | 1 | 1689 | 5 | 1739 | 9 | 1789 | 4 | 1839 | 8 | 1889 | 3 | 1939 | 7 | 1989 | 2 | 2039 | 6 | 2089 | 1 | 2139 | 5 | 2189 | 9 |
| 1640 | 9 | 1690 | 4 | 1740 | 8 | 1790 | 3 | 1840 | 7 | 1890 | 2 | 1940 | 6 | 1990 | 1 | 2040 | 5 | 2090 | 9 | 2140 | 4 | 2190 | 8 |
| 1641 | 8 | 1691 | 3 | 1741 | 7 | 1791 | 2 | 1841 | 6 | 1891 | 1 | 1941 | 5 | 1991 | 9 | 2041 | 4 | 2091 | 8 | 2141 | 3 | 2191 | 7 |
| 1642 | 7 | 1692 | 2 | 1742 | 6 | 1792 | 1 | 1842 | 5 | 1892 | 9 | 1942 | 4 | 1992 | 8 | 2042 | 3 | 2092 | 7 | 2142 | 2 | 2192 | 6 |
| 1643 | 6 | 1693 | 1 | 1743 | 5 | 1793 | 9 | 1843 | 4 | 1893 | 8 | 1943 | 3 | 1993 | 7 | 2043 | 2 | 2093 | 6 | 2143 | 1 | 2193 | 5 |
| 1644 | 5 | 1694 | 9 | 1744 | 4 | 1794 | 8 | 1844 | 3 | 1894 | 7 | 1944 | 2 | 1994 | 6 | 2044 | 1 | 2094 | 5 | 2144 | 9 | 2194 | 4 |
| 1645 | 4 | 1695 | 8 | 1745 | 3 | 1795 | 7 | 1845 | 2 | 1895 | 6 | 1945 | 1 | 1995 | 5 | 2045 | 9 | 2095 | 4 | 2145 | 8 | 2195 | 3 |
| 1646 | 3 | 1696 | 7 | 1746 | 2 | 1796 | 6 | 1846 | 1 | 1896 | 5 | 1946 | 9 | 1996 | 4 | 2046 | 8 | 2096 | 3 | 2146 | 7 | 2196 | 2 |
| 1647 | 2 | 1697 | 6 | 1747 | 1 | 1797 | 5 | 1847 | 9 | 1897 | 4 | 1947 | 8 | 1997 | 3 | 2047 | 7 | 2097 | 2 | 2147 | 6 | 2197 | 1 |
| 1648 | 1 | 1698 | 5 | 1748 | 9 | 1798 | 4 | 1848 | 8 | 1898 | 3 | 1948 | 7 | 1998 | 2 | 2048 | 6 | 2098 | 1 | 2148 | 5 | 2198 | 9 |
| 1649 | 9 | 1699 | 4 | 1749 | 8 | 1799 | 3 | 1849 | 7 | 1899 | 2 | 1949 | 6 | 1999 | 1 | 2049 | 5 | 2099 | 9 | 2149 | 4 | 2199 | 8 |

Remember that the Adult Star number begins on February 4th and ends on February 3rd of the following year.

For instance, if you were born January 10 1973, the year you need to look at is 1972 in order to discover your Adult Star number.

To discover your Child Star number, use the Child Star chart listed below. Go across the top of the chart and identify your Adult Star number, then go down the column of your Adult Star to the month when your birthday is. Where the columns intersect gives you the Child Star of the month in which you were born.

| MONTH NUMBER CHART | | | |
|---|--|-----------|-----------|
| If the year number is → | 1, 4 or 7 | 3, 6 or 9 | 2, 5 or 8 |
| and the birth is between these dates | then the month number/child number is | | |
| ↓ | ↓ | ↓ | ↓ |
| 4 February - 5 March | 8 | 5 | 2 |
| 6 March - 4 April | 7 | 4 | 1 |
| 5 April- 5 May | 6 | 3 | 9 |
| 6 May - 5 June | 5 | 2 | 8 |
| 6 June - 7 July | 4 | 1 | 7 |
| 8 July - 7 August | 3 | 9 | 6 |
| 8 August - 7 September | 2 | 8 | 5 |
| 8 September - 8 October | 1 | 7 | 4 |
| 9 October - 7 November | 9 | 6 | 3 |
| 8 November - 8 December | 8 | 5 | 2 |
| 9 December - 5 January | 7 | 4 | 1 |
| 6 January - 3 February | 6 | 3 | 9 |

Example 1 If your birthday is 1 June 1976, your Adult Star number is 6. Find the 6 at the top of the chart, and then find the row that is May 6 - June 5. Where the 6 column and the May 6 - June 5 row intersect is the number 2. Therefore, your Child Star number is 2.

Example 2 If your birthday is 19 December 1965, your Adult Star number is 8. Find the 8 at the top of the chart and then find the row that is December 9 - January 5. Where the 8 column and the December 8 - January 5 row intersects is the number 1. Therefore, your Child Star number is 1.

Important note

For some applications of 9 Star Ki astrology, people with Star numbers where their Adult Star is the same as their Child Star (e.g. Adult 2 Star/Child 2 Star; Adult 4/Child 4 Star etc.) one would require more information to go forward.

Since in this text we are dealing only with the characteristics of the Child Star, only one group of people need further information here: those who have 5 Earth Star **EITHER** as their Adult **OR** their Child Star.

The basic premise here is that the 5 Earth Star is neutral and, since nothing in nature is neutral but manifests itself as masculine or feminine, then the 5 Earth Star must be switched to the masculine expression of Earth (the 8 Star) if their **OTHER** Star number is masculine (i.e. a 3 Star, 8 Star, 1 Star or 6 Star) **OR** to the feminine expression of Earth (the 2 Star) if their other Star number is feminine (i.e. a 4 Star, a 9 Star, a 2 Star or a 7 Star).

When **BOTH** the person's Stars are the 5 Earth Star, I have found that it is necessary to look at the phases of the moon to get a clearer picture of what to do.

A double 5 Earth Star person will take on **EITHER** the feminine number 2 Earth Star for both their Adult and Child Stars, **OR** the masculine number 8 Earth Star both their Adult and Child Stars, regardless of the person's gender.

This switching is determined by the moon's appearance at the moment of birth. It's important to observe that a growing or waxing moon, expanding at the moment of birth, gives a feminine expression (i.e. the 5:5 person becomes a 2:2 person) while the waning or descending moon gives a masculine expression (i.e. the 5:5 person becomes an 8:8 person.)

Please study the "Double Five Moon Chart" on the next page for further enlightenment.

THE TABLE OF THE "DOUBLE FIVE STAR"

| Year | Dates | Moon | Star # | Year | Dates | Moon | Star # |
|------|-----------|--------|---------|------|-----------|--------|---------|
| 1806 | 8.8-14.8 | Waning | 8 Earth | 1932 | 8.8-16.8 | Waxing | 2 Earth |
| | 15.8-29.8 | Waxing | 2 Earth | | 17.8-31.8 | Waning | 8 Earth |
| | 30.8-7.9 | Waning | 8 Earth | | 1.9-7.9 | Waxing | 2 Earth |
| 1815 | 8.8-20.8 | Waxing | 2 Earth | 1941 | 8.8-22.8 | Waning | 8 Earth |
| | 21.8-3.9 | Waning | 8 Earth | | 23.8-5.9 | Waxing | 2 Earth |
| | 4.9-7.9 | Waxing | 2 Earth | | 6.9-7.9 | Waning | 8 Earth |
| 1824 | 8.8-9.8 | Waxing | 2 Earth | 1950 | 8.8-13.8 | Waning | 8 Earth |
| | 10.8-24.8 | Waning | 8 Earth | | 14.8-27.8 | Waxing | 2 Earth |
| | 25.8-7.9 | Waxing | 2 Earth | | 28.8-7.9 | Waning | 8 Earth |
| 1833 | 8.8-15.8 | Waning | 8 Earth | 1959 | 8.8-18.8 | Waxing | 2 Earth |
| | 16.8-30.8 | Waxing | 2 Earth | | 19.8-3.9 | Waning | 8 Earth |
| | 31.8-7.9 | Waning | 8 Earth | | 4.9-7.9 | Waxing | 2 Earth |
| 1842 | 8.8-21.8 | Waxing | 2 Earth | 1968 | 8.8-15.8 | Waxing | 2 Earth |
| | 22.8-4.9 | Waning | 8 Earth | | 16.8-30.8 | Waning | 8 Earth |
| | 5.9-7.9 | Waxing | 2 Earth | | 31.8-7.9 | Waxing | 2 Earth |
| 1851 | 8.8-11.8 | Waxing | 2 Earth | 1977 | 8.8-23.8 | Waning | 8 Earth |
| | 12.8-26.8 | Waning | 8 Earth | | 24.8-6.9 | Waxing | 2 Earth |
| | 27.8-7.9 | Waxing | 2 Earth | | 7.9 | Waning | 8 Earth |
| 1860 | 8.8-16.8 | Waning | 8 Earth | 1986 | 8.8-19.8 | Waxing | 2 Earth |
| | 17.8-31.8 | Waxing | 2 Earth | | 20.8-4.9 | Waning | 8 Earth |
| | 1.9-7.9 | Waning | 8 Earth | | 5.9-7.9 | Waxing | 2 Earth |
| 1869 | 8.8-21.8 | Waxing | 2 Earth | 1995 | 8.8-10.8 | Waxing | 2 Earth |
| | 22.8-4.9 | Waning | 8 Earth | | 11.8-26.8 | Waning | 8 Earth |
| | 5.9-7.9 | Waxing | 2 Earth | | 27.8-7.9 | Waxing | 2 Earth |
| 1878 | 8.8-13.8 | Waxing | 2 Earth | 2004 | 8.8-23.8 | Waning | 8 Earth |
| | 14.8-28.8 | Waning | 8 Earth | | 24.8-7.9 | Waxing | 2 Earth |
| | 29.8-7.9 | Waxing | 2 Earth | 2013 | 8.8-14.8 | Waning | 8 Earth |
| 1887 | 8.8-19.8 | Waning | 8 Earth | | 15.8-28.8 | Waxing | 2 Earth |
| | 20.8-2.9 | Waxing | 2 Earth | | 29.8-7.9 | Waning | 8 Earth |
| | 3.9-7.9 | Waning | 8 Earth | 2022 | 8.8-12.8 | Waxing | 2 Earth |
| 1896 | 8.8-9.8 | Waning | 8 Earth | | 13.8-27.8 | Waning | 8 Earth |
| | 10.8-23.8 | Waxing | 2 Earth | | 28.8-7.9 | Waxing | 2 Earth |
| | 24.8-7.9 | Waning | 8 Earth | 2031 | 8.8-18.8 | Waning | 8 Earth |
| 1905 | 8.8-15.8 | Waxing | 2 Earth | | 19.8-1.9 | Waxing | 2 Earth |
| | 16.8-30.8 | Waning | 8 Earth | | 2.9-7.9 | Waning | 8 Earth |
| | 31.8-7.9 | Waxing | 2 Earth | 2040 | 8.8 | Waning | 8 Earth |
| 1914 | 8.8-21.8 | Waning | 8 Earth | | 9.8-22.8 | Waxing | 2 Earth |
| | 22.8-4.9 | Waxing | 2 Earth | | 23.8-6.9 | Waning | 8 Earth |
| | 5.9-7.9 | Waning | 8 Earth | | 7.9 | Waxing | 2 Earth |
| 1923 | 8.8-12.8 | Waning | 8 Earth | 2049 | 8.8-13.8 | Waxing | 2 Earth |
| | 13.8-26.8 | Waxing | 2 Earth | | 14.8-28.8 | Waning | 8 Earth |
| | 27.8-7.9 | Waning | 8 Earth | | 29.8-7.9 | Waxing | 2 Earth |